

**GIRLS SWIM BY-LAWS**  
**(Approved 3/7/18)**  
**(Amended 10/12/22)**

**I. SPORT**

**Girls Swimming**

**II. PREFACE**

The Girls Swim league shall operate within the constitution and by-laws of the CVAC.

**III. RULE BOOK**

A. National Federation Rule Book

**IV. TIME OF CONTESTS**

A. All Modified and Varsity Conference meets will be conducted on Tuesdays and Thursdays or Fridays, unless agreed upon by the respective coaches and Athletic Directors.

B. Modified and Varsity Conference Home meets will start at 5:00PM.

**V. OFFICIAL EQUIPMENT**

As prescribed under "Guidelines for Meet Administration" in the current National Federation Rule Book.

**VI. UNIFORMS**

All teams shall follow the guidelines described under 3-3-1 in the current National Federation Rule Book.

**VII. ELIGIBILITY FOR PARTICIPATION**

A. Two levels of participation exist, Varsity (9-12) and Modified (7-9).

1. A swimmer on a modified team shall not be promoted to the varsity after the completion of fifty (50%) per cent of the modified schedule.

2. Varsity and Modified participants shall not compete in the same heats.

**VIII. HOME TEAM RESPONSIBILITIES**

A. Provide locker room for the visiting teams.

B. Provide security or make arrangements for such protection.

C. Provide personnel to run meet.

D. Provide spectator seating.

E. Provide official equipment as indicated in V.

**IX. POSTPONEMENTS & CANCELLATIONS**

- A. Home schools are responsible for notifying the visiting school as early as possible before meet time is a postponement.**
- B. Home schools are responsible for notifying the assignor and meet officials of postponements or rescheduled meets.**
- C. Rescheduled conference meets have priority over non-conference meets.**
- D. No conference meets shall be made up after Sectionals.**

**X. OFFICIALS**

**Officials will be assigned according to arrangements currently contracted under Section Seven.**

**XI. TIE BREAKERS**

**A. Meets**

- 1. Dual meets that end in a tie shall remain a tie.**

**B. Division**

**If two or more teams are tied for the conference title at the conclusion of the regular season the following system shall be used to break a tie:**

- 1. Head to head win-loss record determined by General By-Laws – (page 12.4).**
- 2. Total points in head to head competition.**
- 3. Number of first places recorded in head to head competition.**
- 4. If still tied, the number of seconds shall be used.**
- 5. If the results are still inconclusive then thirds, fourths, etc, shall be used.**

**XII. DIVISIONS**

- A. Number of teams necessitates only one division.**

**XIII. PLAYOFFS**

**See General By- Laws (page 12.5).**

**XIV. LEAGUE CHAMPIONSHIPS**

**See General By-Laws (page 12.3).**

**XV. AWARDS – Distribution**

**See General By-Laws (page 12.6).**

**XVI. ADDITIONAL**

- A. Dual warm-ups will begin one hour before meet starting time.**

**Multi-team warm-ups will begin one and a half hour to two hours before the start. The last thirty minutes is reserved for starts and relay exchanges in designated lanes.**

**B. Coaches shall exchange conference home meet results at the end of each week throughout the dual meet season.**

**C. Top Twenty**

**1. Meet results shall be submitted to the chair person for publication of the "Top Twenty". Only times achieved during the season shall be used in the listings (and for seeding)**

**2. The listings will be compiled and published three times per season, mid-season, pre-sectional and post-season.**

**D. Official times shall be recorded when an individual swimmer or relay team, in a meet or official time trial, completes the full designated distance of the event without disqualification. A minimum of two (2) watches or electronic timing) shall be used to record and official time. (Split times from individual event may be used if timed by electronic timing.)**

**1. Times must be achieved in the appropriate stroke event (a Butterfly time must be recorded in the Butterfly event, free style times must be recorded in free style events regardless of the stroke (s) used.**

**2. Times for the lead-off relay may be used if:**

**a. Started from a whistle, or an electronic starting device.**

**b. Three (3) timers with Three (3) timing devices separate from the assigned lane timers are used. (Before the event the referee must be notified and the referee must verify the time after the conclusion of the relay.)**

**c. If using an electric start or an automatic timing device which can display times shall be acceptable. (Should the first swimmer of the relay team complete the first leg of the relay in accordance with 8-2-1 through 5 of the NF Rule Book, her performance shall not be nullified by the disqualification of any other relay team member.)**

**E. Records shall be recognized in 25 yard pools in the following events and distances. All schools are required to keep track of their "school" and "pool" records.**

## **VARSITY**

- a. Freestyle 50,100,200.500**
- b. Back Stroke, Breast Stroke, and Butterfly 100**
- c. Individual Medley 200**
- d. Relays**
  - 1. Medley – 100**
  - 2. Free Style – 200 – 400**

### **3. CLASSIFICATION**

**Section records may be set at any meet during the season including sectionals and states.**

- 4. A record may be set if the performance follows the specifications of “Official Time” (XVI: D I-3)**
  - 5. In setting any record, the times shall be recorded on the meet results, signed by the official for verification, and submitted to the conference chairperson.**
- F. The CVAC season shall open with multi-team combine and conclude with the Annual Relay Carnival.**
  - G. All CVAC teams shall use Meet Management Software.**
  - H. All conference Swimming teams are strongly encouraged to attend all scheduled conference contest throughout the season.**

### **XVII. MEETING OF COACHES**

- A. Coaches meetings will be held a minimum of two times a year. (Pre-season, Pre-Sectional).**
- B. A quorum of at least two-thirds (2/3's) of the current swimming conference membership must be present to conduct conference business.**
- C. Each member school may have two representatives at all meetings with one vote on any proposition. A majority vote will pass any motion.**

**XVIII. METHOD OF SELECTING CVAC ALL STAR TEAMS**

- A. Win sectionals**
- B. Break any record**
- C. Fastest time during the season**
- D. NYSPHSAA qualifying time**

**XIX. METHOD OF REVISING BY-LAWS**

**See general By- Laws (page 12.8)**

**XX. COACHES/OFFICIALS LISTING**